

Be inspired...

**BE.**  
*here.*

**2019 EXPERIENCE GUIDE**



**CAPE BRETON  
ISLAND**

Your Heart Will Never Leave





# Welcome to **Cape Breton Island**

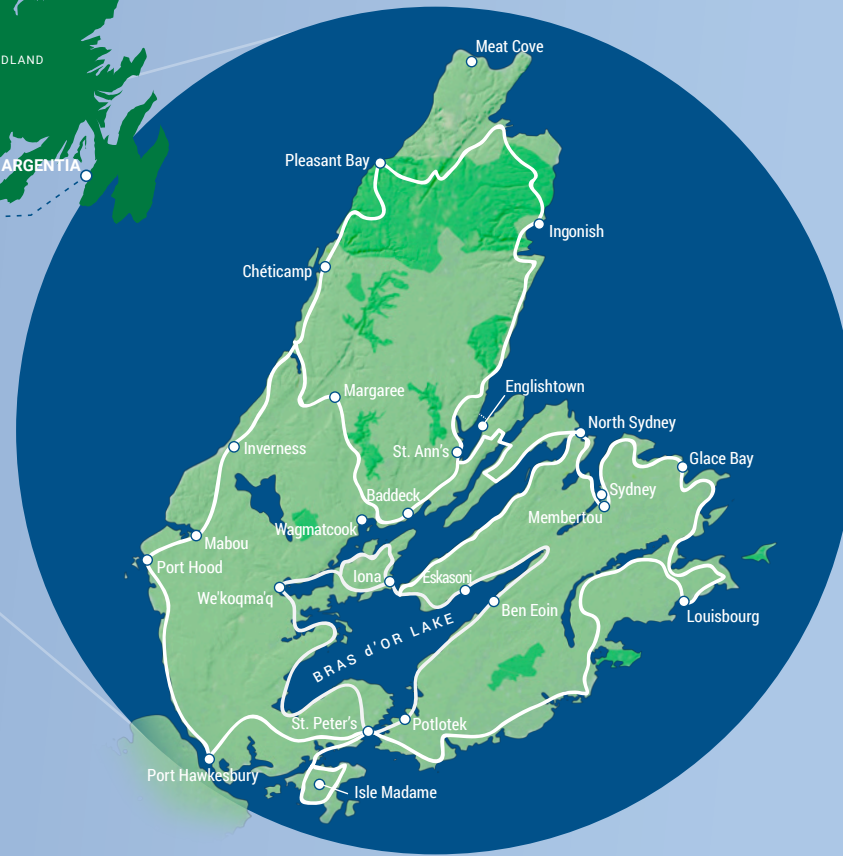
At the northern tip of Nova Scotia, Cape Breton Island is a magical place of spectacular coastline, exceptional scenery, delicious seafood, and rich culture.

There's so much to see and do on the Island, so it's best if we break it down for you into seven experience categories:

Outdoor Adventure, Coastal Adventure, Living Cultures, Culinary, History, Music & the Arts, and Golf. Inside, you'll find an array of exciting packages and experiences that range from cooking lobster on a beach in Cape Breton Highlands National Park to learning traditional basket weaving with an Indigenous Mi'kmaw artisan.

We recommend spending at least 5-7 days on the Island for a full experience. And you may return home after your vacation, but your heart will never leave.





## Easy to Find. Hard to Leave.

Several carriers fly into the JA Douglas McCurdy Sydney Airport via Halifax Stanfield International Airport; there are also direct flights from Toronto, Ontario.

By car, the Trans-Canada Highway in Nova Scotia will lead you to Cape Breton Island. Maritime Bus provides bus service from various locations.

Visitors from the Northeast United States, New Brunswick and Prince Edward Island can ferry to Nova Scotia and drive through to Cape Breton. Ferries also sail from Newfoundland to North Sydney.



## Getting Around

If you fly into Sydney, car rentals are available or you may hire a taxi or take a shuttle. If you have a car, driving time on the Trans-Canada 105 will get you from the Canso Causeway, the gateway to the Island, to Sydney in two hours.

Road routes loop around the Island and it's easy to get from one region to another. But don't rush. Pick up a visitors map and savour your journey.



## Outdoor Adventure

Our trails, hills and mountains provide a wealth of options for the outdoor adventurer. Hike in Cape Breton Highlands National Park to a spectacular view of the Cabot Trail as it winds along the coastline. Rent a bike and explore Celtic Shores Coastal Trail as it takes you through communities along the west coast of the Island. Have your camera ready for up-close encounters with whales or perhaps a moose.

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Celtic Shores Coastal Trail

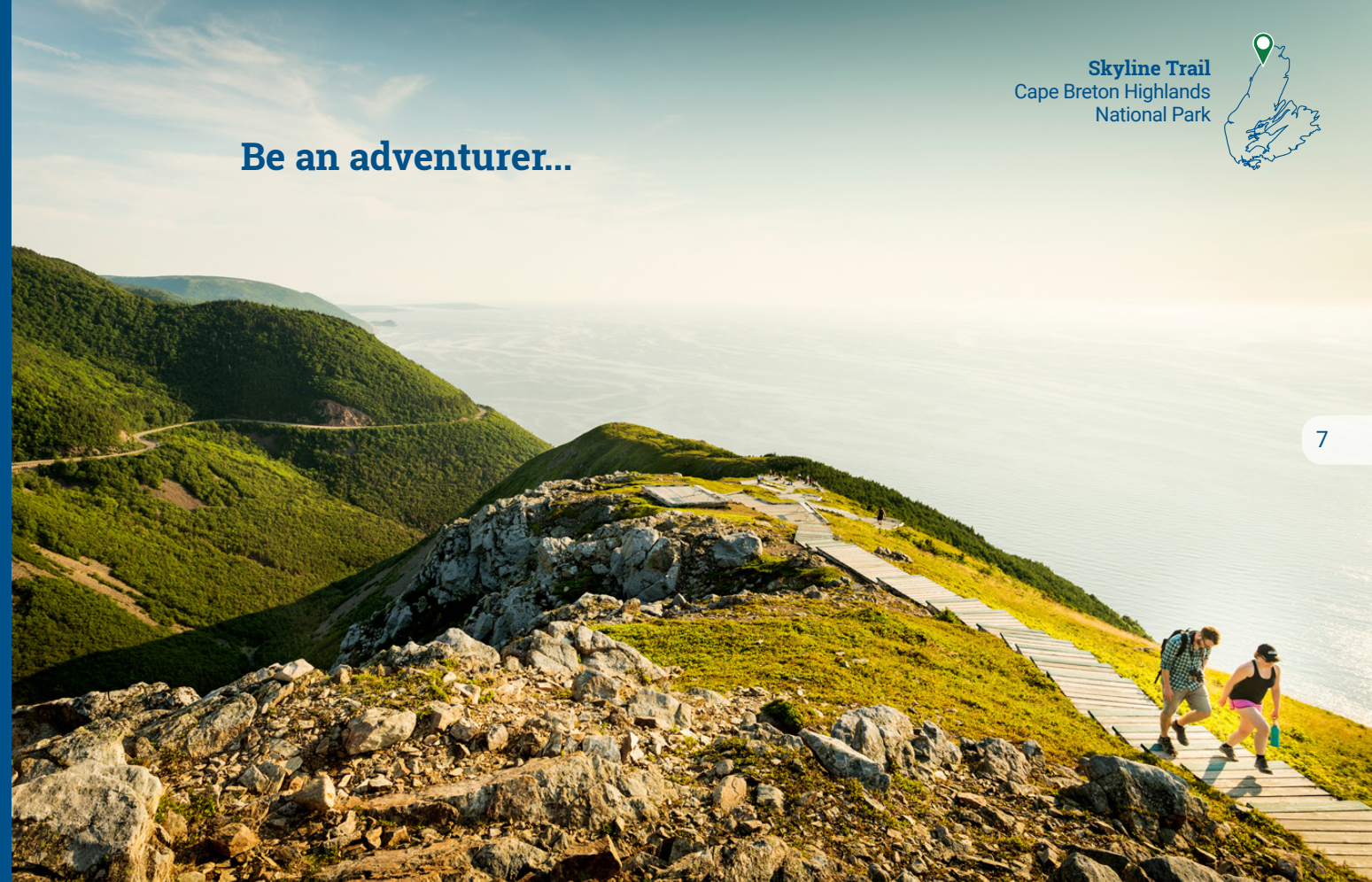


## Be an adventurer...

Skyline Trail  
Cape Breton Highlands  
National Park



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## Blue Bayou Resort South Harbour 2 Night Stay + Excursions



We have 23 Domes and 7 Tipis. Experience a private outdoor space in a billion star environment. For comfort, we have Domes with private bathrooms including bath towels and bedding. For a nomadic experience we have authentic painted Tipis with interior fire pits and 4 cots. Come to where the mountains turn to sand, where John Cabot made his stand in the Heart of the Highlands.

- Maximum two persons inside a King Suite Dome, four persons inside a Double-Queen Dome and six persons inside a Tipi
- 2 night package includes 2 kayak rentals (2 hours) plus 2 zipline or 2 whale watching passes
- Recommended to bring water shoes for harbour excursions
- Grand opening on May 31, 2019

\$430 *plus tax* - Dome Package  
\$330 *plus tax* - Tipi Package

[www.bluebayouresort.com](http://www.bluebayouresort.com)  
1-647-995-1633

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## Cabot Shores Wilderness Resort 3-Night Make Summer Awesome Package



Package includes 3 night's accommodation in a yurt, dome or lodge room, dinner for two each night (*vegetarian/vegan, seafood and meat options – alcohol not included*), and an all-you-can-eat healthy buffet breakfast for two each morning. Plus, half day of kayaks, canoes or yolo boards and your choice of whale watch or puffin tour (*seasonal*). Pets stay for free!

- Whale watch and puffin tours hosted by tour operators located off-site (we help book time for guests, based on tour availability)
- June to September

\$875 per couple  
+ Tax & Gratuity

[www.cabotshores.com](http://www.cabotshores.com)  
1-902-929-2584

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## Cabot Trail Adventures



Your outdoor adventure specialists in Northern Cape Breton. Sea kayak tours and rentals, paddle boards, bicycle rentals, shuttles and guided tours. Guided coastal hikes to the best "locals know" destinations.

With 20 years' industry experience, we can help you discover the Island from a completely different perspective. All of this adventure lies just north of Cape Breton Highlands National Park.

- Guided sea kayak tours daily \$65
- Atlantic fisheries cycling tour daily \$75
- Open Monday-Saturday 9am-6pm
- Paddle boards, sea kayak, and bicycle rentals

Prices starting at \$25

[www.cabottrailoutdooradventures.com](http://www.cabottrailoutdooradventures.com)  
1-902-383-2552

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## Cabot Trail Biker Guided Tours & Cabot Harley-Davidson Motorcycle Rentals



Rent current model year Harley-Davidsons and enjoy Canada's favourite Motorcycle Road - The Cabot Trail! You may even get a personalized guided trip with Daniel Ross, host of Harley-Davidson's Common Ground Documentary and founder of Cabot Trail Biker (*call for availability*).

Tour includes headsets for up to 13 riders. Bike rentals: \$200/day or \$1,200/week, insurance included, unlimited mileage. \$2,500 deposit paid on rental. Riding gear available. Daily tours with Daniel, unlimited group size, \$1,000/day.

- All gear with rentals is available
- Guide includes 'In Helmet' communications with guide

\$200-\$1200

[www.cabottrailbiker.com/tours](http://www.cabottrailbiker.com/tours)  
1-902-870-4630  
[www.cabotpowersports.com](http://www.cabotpowersports.com)  
1-902-539-1730

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## Cape Breton Highlands National Park Lake Nights



As the darkness creeps in, listen for the haunting sounds of the night during the "Lantern Walk through Time" by Freshwater Lake. Or learn tips and tricks for using your senses to peek under the cover of night during the vibrant nocturnal walk "Seeing in the Dark" at Warren Lake.

**Lantern Walk through Time:**  
Tuesdays, Thursdays, Saturdays  
(1.5 hours)

**Seeing in the Dark:** Mondays,  
Wednesdays, Fridays (2.5 hours)

- End of June to end of September
- Pre-registration required at visitor centre or by phone

\$14.70  
per person

[www.parkscanada.gc.ca/capebreton](http://www.parkscanada.gc.ca/capebreton)  
1-902-285-2535

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## Cape Breton Highlands National Park Go Wild!



Choose your own guided adventure to discover the park's secrets. Awaken your senses as you explore remote waterfalls, tranquil lakes, sweeping panoramic views, and cliff-bound river canyons. Novices can

"Learn-to-Adventure" with trained guides on moderate excursions while experienced hikers can take advantage of the guide to challenge themselves.

- July to October
- Reservations required at [pc.interpcb.pc@canada.ca](mailto:pc.interpcb.pc@canada.ca)

\$29.20 half day  
\$51.10 full day

[www.parkscanada.gc.ca/capebreton](http://www.parkscanada.gc.ca/capebreton)  
1-902-224-2306

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## Mountain Pine Adventures Ziplining Experience



Treetop ziplining, stand-up paddle boarding and a rock climbing wall are designed to thrill and invigorate. Throw in some experiential dining and you'll see why Mountain Pine Adventures is known for

offering unique perspectives and unparalleled experiences. For those looking to explore Cape Breton and truly connect with her deep roots and laid-back charm, visit Mountain Pine Adventures.

- Seasonal May-October
- 7am - 5pm

Starting at  
\$35

[www.mountainpineadventures.com](http://www.mountainpineadventures.com)  
1-902-565-4153

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## True North Destinations Eco-Chic Highland Haven Dome Experience



The perfect two-night getaway nestled in the Cape Breton Highlands! Settle into your geodesic dome and head out to enjoy your weekend adventure. Sample the freshest seafood available at the Rusty Anchor restaurant, relax with ocean-side yoga or visit Gampo

Abby, a Western Buddhist monastery nestled in the Cape Breton Highlands! Settle into your geodesic dome and head out to enjoy your weekend adventure. Sample the freshest seafood available at the Rusty Anchor restaurant, relax with ocean-side yoga or visit Gampo

- Available July - October 2019
- Passes & vouchers for all activities included
- \$849 per couple, \$999 per family 2 adults 2 children

\$849 per couple  
\$999 per family

[www.truenorthdestinations.ca](http://www.truenorthdestinations.ca)  
1-833-223-6637 (CB DOMES)

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## Coastal Adventure

Cape Breton Island has some of the most dramatic coastline in the world. A great way to explore it is by kayak, giving you an intimate and engaging experience with your surroundings. Take a relaxing sailing tour on the Bras d'Or Lake, an inland saltwater sea, a UNESCO Biosphere or adventure onto the Atlantic to see whales, seals and seabirds and our incredible coastal vistas.



Baddeck Bay, Bras d'Or Lake

Pleasant Bay  
Cape Breton Highlands  
National Park



Be close to nature...







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## Amoeba Sailing Tours

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Step aboard the Amoeba for a sailing experience as unique and unforgettable as Cape Breton's Bras d'Or Lake. Observe majestic bald eagles as they circle the boat. See Alexander Graham Bell's mansion Beinn Bhreagh and the beautiful

Baddeck shoreline. Relax and enjoy an entertaining and educational narrative of the area on the deck of a boat unique to the Bras d'Or Lake. Come sail on the Amoeba, and experience the beginning of a new adventure.

- 1.5 - 2 hours
- Minimum of 6 people; licensed to carry up to 42 passengers
- Hors d'oeuvres can be provided for private groups (additional fee)
- Children under age 5 are free

Adults: \$30 *tax in*  
Children: (5-14) \$15 *tax in*

[www.amoebasailingtours.com](http://www.amoebasailingtours.com)  
1-902-295-7780

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## Capt. Mark's Whale & Seal Cruise Capt. Mark's Zodiac Adventures



Capt. Mark's is Pleasant Bay's most experienced whale watching company. Operating for 24 years, Capt. Mark and his son Capt. Ben take you along Cape Breton's pristine coastlines in search of whales like Pilot, Minke, Finback and Humpback. You may also see seals, bald eagles and various sea

birds. Off in the distance you may even get a glimpse of moose and bears. The scenery on its own is breathtaking. The spectacular rock and cliff formations, mysterious sea caves, waterfalls, abandoned cove settlements and colourful fishermen just make it more so!

- July 8 - September 15 (3 trips a day)
- 2-3 hours
- 10am, 1pm, 4pm
- Dress in layers, preferably water resistant clothing. We provide life jackets and rent rain suits. Bring camera, binoculars, sunscreen and water.

\$60/Adult  
\$55/Seniors & Students  
\$40/Child 3-18 years old

[www.whaleandsealcruise.com](http://www.whaleandsealcruise.com)  
1-888-754-5112

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## CB West Paddle Boards Margaree River Run



Guided tours down the lower Margaree River, on a SUP (stand up paddle board) or kayak. Paddle through changing landscapes and salmon pools, while

honing your skills as you learn a little bit about the area and culture. Wear something you're comfortable getting wet in and aqua friendly footwear.

- 2-3 Hours
- Daily, July 1 - September 3
- 9am and 1pm

\$65 per person

[www.cbwestsup.com](http://www.cbwestsup.com)  
1-902-224-5770

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## Celtic Air Services Cape Breton Helicopter Tour



Enjoy beautiful Cape Breton Island from above as you soar over beautiful coastline, windswept islands, stunning cliffs, and scenic vistas in our helicopter. Our 15-minute tours operate from various locations around the Island but they all have one thing in common -

no-one has landed without a smile on their face since we started!

Everyone has a window seat, so bring your camera and see Cape Breton like never before.

- 15-20 minutes
- During daylight hours
- Children under three years old are not able to safely ride in our helicopter

\$165  
per person

[www.celticairservices.com](http://www.celticairservices.com)  
1-902-625-2206

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## Dixon's Zodiac Seafari

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Dixon's Zodiac Seafari is located in the tiny fishing village of Neil's Harbour, just below the lighthouse. Join us and embark on a minimum two-hour adventure in search of different whale species such as Fin, Pilot, Minke, Humpbacks and others.

You will also encounter various seabirds, seals and, in August and September, the impressive Leatherback Turtle. Combine this with the rocky cliff shoreline of northern Cape Breton and it will be an unforgettable experience!

- Daily tours: 10am, 12:30pm, 3pm, 5:30pm, plus private tours
- We supply all the gear required on your adventure whether rain or shine
- Ages 3 and under not recommended

Adults \$49  
Students \$35  
Children 10 & under \$25

[www.dixonszodiacseafari.com](http://www.dixonszodiacseafari.com)  
1-855-259-4122

## Donelda's Puffin Boat Tours Puffin, Eagles, Seals & Memories of a Lifetime

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Located just 20 minutes east of the seaside village of Baddeck, we are the Cabot Trail's only Bird Island boat tour going to the nesting grounds of the adorable black and white, and orange beaked Atlantic puffin. Sightings are guaranteed on this 2.5-hour bird watching

experience. You'll also likely see kittiwakes, razorbills and even bald eagles. Watching grey seals basking on the rocks is also a probability. The Bird Islands are an official bird sanctuary located one mile off Cape Dauphin.

- Adults: \$52 (Card) \$48 (Cash)
- Seniors: \$50 (Card) \$46 (Cash)
- Youth 7-12 \$22 (Card) \$19 (Cash)
- 6 & Under Free

\$19 to \$52  
(Taxes and gratuities extra)

[www.puffinboattours.com](http://www.puffinboattours.com)  
1-877-2PUFFIN

## Eagle Eye Outfitters Deep Sea Fishing

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Come aboard and fish our beautiful clean waters for Mackerel, Cod (seasonal), Striped Bass, and other bottom fish. All fishing gear will be provided. Bathroom facilities available on board.

In addition to rod and reel, we also offer traditional hand lining; with hand lining you'll experience fishing as it was for hundreds of years, just you, the line and the fish! At Eagle Eye Outfitters, all deep sea fishing trips are private.

- Departing daily at 7am - 10am, weather permitting
- Children under 10 are free

Rates: \$140 per adult,  
\$70 per child ages 10-15

[www.eagleeyeoutfitters.ca](http://www.eagleeyeoutfitters.ca)  
1-902-258-5893

## Live Life In Tents Margaree River Tubing

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Take a break from your day to relax on the famous Margaree River. Let the currents carry you downstream as you dip your toes in the clean crisp water. Keep your eyes peeled for salmon, eagles and the occasional otter.

Ground transportation will take you from Live Life In Tents Headquarters

(LLIT HQ) to our launch point on the river. Upon completing your adventure you will be driven back to your vehicle. Multiple convenience items are available to make your trip seamless.

Pair this adventure with one of our camping and glamping sites for special discounts.

- 1.5 - 3 hours
- Bring water shoes or sandals, dry change of clothes and drinking water
- Daily from June 1 to September 3

\$30 per person  
discounts for groups larger than 10

[www.livelifetents.com](http://www.livelifetents.com)  
1-902-452-1600

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# Living Cultures

The Mi'kmaq have lived here for ten thousand years and their culture continues to thrive with legends, music and stories that have been passed down over generations. The Acadians came to the Island from the mid to late 1700's, bringing their vibrant French culture and joie-de-vivre to the Cape Breton story. From the mid 1700's to late 1800's, the Island welcomed Gaelic immigrants from Scotland who brought their language and culture. These three foundational cultures are central to the Island's identity, but industrialization and globalization brought more people from around the globe, creating a diverse multicultural society.



Colaisde na Gàidhlig | The Gaelic College - St. Ann's

Goat Island  
Eskasoni



## Be immersed in culture...





## Cape Breton Highlands National Park

### Sharing Stories: Mi'kmaw Culture

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Hear the story of Sismoqnapui Skwe'j—Sweetwater Maiden, a young Mi'kmaq woman who was the first to discover and boil sismoqnapui (maple sap) in Mi'kma'ki (Eastern North America) or participate in one of the programs offered: campfires,

smudging, storytelling, and games. Programs are delivered 5 days a week by Indigenous author, Parks Canada interpreter and former chief Mary Louise Bernard. Check website for further information.

- 5 days a week, end of June to October
- 1 - 1.5 hours

Free with park entrance pass

[www.parkscanada.gc.ca/capebreton](http://www.parkscanada.gc.ca/capebreton)  
1-902-224-2306

## Eskasoni Cultural Journeys

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P'jilasi. 'Welcome' in our native tongue. The 2.4km hiking trail will take you along the Bras d'Or Lake and its beautiful scenery. Experience several facets of traditional life as you meet and interact with our heritage interpreters who are

delighted to share their knowledge with you. Learn to dance, make axe handles and traditional four cents bread over an open fire. Your tour will take two hours and will leave you wanting more!

- Group rates available
- Specialty tours upon request
- Reservations required

\$40 per person

[www.eskasoniculturaljourneys.ca](http://www.eskasoniculturaljourneys.ca)  
1-902-322-2279

## Fortress of Louisbourg National Historic Site

### Mi'kmaw Interpretation Centre

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Discover a part of the rich Mi'kmaw heritage of Unama'ki! During Louisbourg's French occupation, the Mi'kmaq played a vital role, supporting the community through knowledge sharing and supporting the French in times of war.

Mi'kmaw Interpretation Centre at the Fortress of Louisbourg is a special place to talk about Mi'kmaw history through images, artifacts, songs, traditional drumming and storytelling.

- Daily, June to September
- 9:30am - 5pm

Free with site entry pass

[www.parkscanada.gc.ca/louisbourg](http://www.parkscanada.gc.ca/louisbourg)  
1-902-733-3552

## Indigenous Cultural & Interpretive Centre

### Membertou Heritage Park

#### 9 Authentic Experiences for 2019

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Mi'kmaq Medicine Walk (*Full experience, hiking level 1 - 2*). Enjoy our Medicine Walk with a traditionalist on a local trail. Spend time gathering, harvesting, planting, and learning about remedies and its effects, followed by tea with

luskinigin and blueberry cake. Make your own handcrafted dream catcher and learn the story of its origin. Enjoy our Heritage Park interpretive exhibits, introductory film and browse our gift shop featuring local handmade art and craft.

- 9am - 3pm daily with other hours and times available by appointment
- Daily and weekly; some experiences require 12 - 24 hours notice
- Please call ahead

\$5 to \$150

[www.membertouheritagepark.com](http://www.membertouheritagepark.com)  
1-902-567-5333

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## Kluskap Ridge RV Park and Campground

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Kluskap Ridge is a one-of-a-kind campground destination in Atlantic Canada. Owned and operated by community members from Membertou, a community of the Mi'kmaq Nation, the partners wish to share parts of their culture with their guests.

We offer Indigenous-inspired arts and crafts and on Thursday nights from June to September we have a drumming session around the fire. We also provide customized tipis for accommodations along with glamping tents and traditional RV and tenting sites.

- We partnered with East Coast Glamping of Halifax to help us offer a 5-Star Glamping service. Now boasting a 4.5 star rating on Trip Advisor and 4.4 on Google.ca
- 7 days a week
- 9am - 8pm

\$34.50 - \$150  
per night

[www.kluskapridge.ca](http://www.kluskapridge.ca)  
1-902-929-2598

## Baile nan Gàidheal | Highland Village Made of Stories – Experiential Tour

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Join our costumed animators as you travel back in time through four distinct eras – eras that chronicle the Gaels as they built their new lives in Nova Scotia. Greeted by a thick and unfamiliar forest, following weeks of sailing rough seas, this two-hour storytelling tour puts you at

the heart of their struggles and yearning for a better life. Celebrate the rich history of these hearty and Nova Scotia Gaels, on this 43-acre living history museum perched on a hill overlooking the picturesque Bras d'Or Lake. Tours take place Friday and Saturday from 10:30am - 12:30pm.

- Guided storytelling and milling frolic
- Try a traditional oatcake and cup of tea

\$25 per person  
\$15 per student

[www.highlandvillage.ca](http://www.highlandvillage.ca)  
1-866-442-3542

## Celtic Colours International Festival Cultural Experiences

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Immerse yourself in the culture of Cape Breton Island with Celtic Colours Cultural Experiences. Break bread and share a home-cooked meal at one of the many community meals or visit a farmers' market for locally-grown food and handmade goods. Be entertained and enlightened at a workshop or join in a square dance or a milling

frolic. Get outside and enjoy the spectacular autumn scenery with a guided walk, hike, or boat tour. Hundreds of cultural experiences await you during the Festival, in communities all over the Island, where the culture has been maintained and nurtured for more than 200 years.

- Friday, October 11 - Saturday, October 19
- 300+ Community events
- 50+ Official Concerts

Various prices

[www.celtic-colours.com](http://www.celtic-colours.com)  
1-888-355-7744

## Celtic Music Interpretive Centre Musical Walking Tour

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Meet at the Celtic Music Interpretive Centre for a musical guided-walk along the beautiful Celtic Shores Coastal Trail with our musicians. Learn interesting facts about Cape

Breton's culture, music and history along the way. Learn a dance step, some Gaelic words and enjoy a ceilidh by the ocean with our fiddler while you have a snack.

- The trail is flat and generally in good condition, but good walking shoes are recommended as well as a jacket or sweater on cooler days
- Approximately 1.5 hours
- 9:30am
- Selected weekdays June 3 - August 30 (see website Events Page for schedule)

\$25 per adult  
\$15 children 5-17 years  
under 5 years free

[www.celticmusiccentre.com](http://www.celticmusiccentre.com)  
1-902-787-2708

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## Colaisde na Gàidhlig | The Gaelic College Cultural Demonstrations

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Get a first-hand look at the living traditions of Nova Scotia Gaels with our cultural demonstrations. Witness the construction of a great kilt, learn some Gaelic words and a

song during a milling frolic, try a step or two to traditional Cape Breton music, and watch our master weaver create one-of-a-kind pieces at the loom.

- Half hour to 4 hours
- Weekdays (June - October)
- 10:30am - 2pm

\$8 adults, \$6 youth,  
\$20 family of four

[www.gaeliccollege.edu](http://www.gaeliccollege.edu)  
1-902-295-3411

## Comunn Féis an Eilein 2019 Summer Gaelic Events

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Thigibh dhàn Chéilidh-Come to the Céilidh! We invite you to explore our Island's Gaelic culture. The bilingual Gaelic-English concert series features some of Cape Breton's finest traditional musicians, Gaelic singers, and step-dancers. Complimentary tea and refreshments served.

Doors open at 6:30pm. The Annual Féis an Eilein takes place August 20-24, 2019. The "Féis" is a 5-day Gaelic cultural festival designed to provide a hands-on experience with our language and culture. Enjoy a concert, lecture, traditional milling frolic, and workshops in Gaelic language and song.

- Wheelchair accessible
- 2 hours
- 7:30pm
- Weekly July 16, 23, 30, August 6, 13 and August 20 - 24

Adults \$15 children  
14 & under \$5

[www.feisaneilein.ca](http://www.feisaneilein.ca)  
1-902-622-2627

Baile nan Gàidheal  
Highland Village  
Iona



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## Culinary Experiences

Cape Breton Island is recognized among culinary enthusiasts as a “must-eat” region for its renowned shellfish. The finest lobster and snow crab in the world comes from the cold coastal waters off Cape Breton. From foraging for mushrooms to buying grass-fed Highland beef at a farmers market, the Island celebrates local ingredients, used on the menus of many local restaurants. Pair your meal with a local craft beer, North America’s first Single Malt Whisky, or rum aged to perfection at the Fortress of Louisbourg.



 Keltic Lodge - Ingonish Beach

Fresh Lobster  
Island-wide



Be indulgent...







## Baddeck Lobster Suppers

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Fresh hard-shell lobster and all-you-can-eat chowder and mussels! Incredible! And while the food is amazing, so too are the stories behind the food. Arriving from Scotland in 1828, John Montgomery and his wife planted their roots along the coast of Cape

Breton Island, where they farmed the land and fished the waters to provide for their family. The Montgomery men continue to fish these shores today, bringing the finest fresh lobster to Baddeck Lobster Suppers.

- Locally-fished hard shell lobster, Atlantic salmon, Cape Breton snow crab or AAA striploin steak
- All-you-can-eat mussels & chowder
- Locally-sourced wines and spirits

Prices vary

[www.baddecklobstersuppers.ca](http://www.baddecklobstersuppers.ca)  
1-902-295-3307

## Big Spruce Brewing Organic Craft Beer and Farm-to-Fork Food Truck

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Experience Atlantic Canada's only certified organic on-farm craft brewery and hop yard, with spectacular views of the UNESCO Biosphere Bras d'Or Lake, and in-depth tours of our two breweries. With live music on our cozy patio 4

days a week, a family & dog friendly outdoor bar, and incredible local eats from our own Farm-to-Fork food truck – you'll want to stop by more than once! Certified Organic: Because Natural Means Nothing.

- Brewery open year-round / Food offered mid May to mid October
- Brewery 10am to 7pm, 7 days a week. Food 11:30am to 7:00pm Wednesday to Sunday

Pints and flights \$8  
Food available \$8 and up

[www.bigspruce.ca](http://www.bigspruce.ca)  
1-902-295-2537

## Breton Brewing Co. Tour & Tasting Experience

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Breton Brewing opened its doors in 2015 and has established itself as a must see destination in Cape Breton. A welcoming taproom offers a lighthearted atmosphere where patrons can sit and enjoy a flight of tasters, or a pint of natural, unfiltered & preservative-free ales

and lagers. Experience the magic of this award-winning brewery by taking in a tour of their brewing facility. Walk through the normally off-limits areas of the brewery to get a richer understanding of the brewing process and learn more about the craft.

- Tour of brewing facility and flight of four 5 oz tasters or 16 oz pint
- Must be 19 years of age
- By booking only

Prices vary

[www.bretonbrewing.com](http://www.bretonbrewing.com)  
1-902-270-4677

## Chanterelle Country Inn and Cottages The Cape Breton "Sampler"

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A sampler of not to be missed experiences in Cape Breton that introduces history, culture and nature. The eco-award-winning Chanterelle Country Inn & Cottages is the perfect place to take in the beauty and bounty of Cape Breton. The 100-acre estate sits high on a

brae overlooking the estuary of North River as it flows into St. Ann's Harbour and the Atlantic Ocean. The 100km Restaurant serves a refined, locally-sourced menu, which changes daily depending on what is fresh. And it's served on the veranda adorned by flocks of hummingbirds.

- Award-winning inn and cottage accommodations
- Travel packages designed to "sample" the culture, history and nature of Cape Breton
- Daily menu created by our chef from local ingredients

For two, queen-sized bed  
\$815 plus tax

[www.chanterelleinn.com](http://www.chanterelleinn.com)  
1-866-277-0577

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## Eileanan Brèagha Vineyards Tour & Tasting Experience



Situated on a 200-acre former homestead in Marble Mountain, overlooking the Bras d'Or Lake, Eileanan Brèagha (*pronounced AY-len-an BREE-ah*) is Cape Breton's first and only estate winery. Scottish Gaelic for "beautiful islands," Eileanan Brèagha was named in homage to the owner's Gaelic heritage and for the majestic view

of the numerous small islands in the Bras d'Or Lake, which can be seen from the former homestead.

Tasting Room open 10am-4pm daily during peak season, or by appointment. Stop in to sample and purchase some wine, or ask for a glass at local restaurants.

- Must be 19 years of age
- Proof of age may be requested

Prices vary

[www.eileananbreagha.ca](http://www.eileananbreagha.ca)  
1-902-756-3533

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## Fortress of Louisbourg National Historic Site Rum: The Spirit of Louisbourg



Discover the taste and aroma of Fortress™ Rum and the story of this drink made from sugar. Sample an authentic rum punch recipe and learn how sugar cane and its alcoholic offshoot influenced trade, shipping, and slavery in colonial North America.

Parks Canada has partnered with Authentic Seacoast Company, who created a signature edition rum maturing in oak barrels at the Fortress of Louisbourg. Fortress™ Rum captures the authentic spirit of New France's rum trade. À la santé and cheers!

- Daily, June 1 to October 14, 2019
- 35 minutes
- Must be 19 years of age or older

\$10.80 per person

[www.parksCanada.gc.ca/louisbourg](http://www.parksCanada.gc.ca/louisbourg)  
1-902-733-3552

33

## Glenora Inn & Distillery Backstage Pass



See our secrets and learn our history on a tour through our inn and distillery. We'll give you a private tour detailing our journey, our founder's vision, the whisky's production, and a backstage pass to the Whisky Warehouse where you'll draw a sample directly from

the barrel. After experiencing the warehouse, your host will bring you to the pub for a private tutored whisky tasting of various Glenora expressions. Starting at \$125/person (*excluding taxes*). By appointment only, and don't forget to bring your camera.

- Participants must be 19 years or over
- 2 hours
- Daily - by appointment only
- 3pm

\$125 per person  
(*excluding HST*)

[www.glenoradistillery.com](http://www.glenoradistillery.com)  
1-902-258-2662

34

## Governors Pub & Eatery Cape Breton Seafood and Celtic Experience



For more than two generations, this local family-owned eatery has been serving up fresh-from-the-ocean seafood of the highest calibre, choice hand-cut steaks from the best butchers, and has been creating appetizers and mains that are distinctively east coast. This hot spot for locals and showcase for

musicians features music just about every night of the week, with special Cape Breton ceilidhs (*pronounced KAY-les*), on Wednesdays and Saturdays. For local craft beer, a Cape Breton-inspired menu and warm, down-home hospitality, you can't beat a visit to Governors Pub & Eatery.

- All shows before 10pm no charge
- Show times: 12-3pm, 3-6pm, 6-9pm, 10pm-2am
- Almost daily and sometimes twice daily
- Serving fresh local lobster all year round

Prices Vary

[www.governorseatery.com](http://www.governorseatery.com)  
1-902-562-7646

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## Keltic Lodge

Eat, Drink and Be Merry Package

35



World-class views, sophisticated flavours and exceptional service are hallmarks of your stay at the venerable Keltic Lodge. Indulge yourself with a chef-inspired dinner at the Purple Thistle Dining Room, including fresh lobster from South Bay – a beautiful inlet you can view

from the dining room. Whether feasting on our superb breakfast buffet or a Maritime-inspired entrée, the views of the Atlantic Ocean and the majestic Highlands also provide a feast for your eyes. So dress up a little, treat yourself, and eat, drink, and be merry!

- One night accommodation
- Full buffet breakfast
- Four course chef-inspired dinner with a bottle of house wine
- June 15 - October 5

Starting at \$353  
per couple

[www.kelticlodge.ca](http://www.kelticlodge.ca)  
1-800-565-0444

## Lakeside Landing at Inverary Resort

Lobster Love Affair

36



Join us at our Lakeside Restaurant for a delicious, traditional Nova Scotia lobster dinner as you watch the waters of the Bras d'Or Lake lap onto the shore! Take in some live music and a roaring bonfire

before resting up for your next adventure, but not before returning to Lakeside for our breakfast buffet the next morning. Starting at \$249 per couple!

- 5-9 pm daily
- One night's accommodation, dinner and breakfast

\$249 per couple

[www.inveraryresort.com](http://www.inveraryresort.com)  
1-902-295-3500

## Seaside Lobsterfest

37



Hop aboard the fishing boat at St. Peter's Canal, with Captain Scott and his first mate George. They deliver a Lobster 101 course that's informative, enlightening and entertaining. Learn how to set and haul lobster traps, measure lobsters, band their claws, determine between males and

females and learn about life as a lobster! Back ashore, you can choose your lobster right from the water you wish to purchase. The locals will show you how to cook them right on the shore. Eat them there with the locals, where they can teach you to crack the lobster as well.

- This experience includes a free boat trip in St. Peter's Bay. Seaside Lobsterfest in St. Peter's runs July 2-7, 2019. Lobsterfest is also hosting lobster fishing experiences July 3-6, 9am-3pm (weather depending).
- Bring a sweater or jacket
- 2 hours

Price is based on  
market price

[www.visitstpeters.com/seaside-lobsterfest](http://www.visitstpeters.com/seaside-lobsterfest)  
1-902-535-2485

## The Old Triangle Irish Alehouse

Ceilidhs & Lobster

38



Our Ceilidhs & Lobster event takes place every Friday during the summer months from 6:00pm-9:30pm. Each week, we feature local, talented musicians. Admission is free. You can find us at 424 Charlotte Street in Sydney. Our

weekly dinner feature is a fresh, local lobster dinner served with homemade potato salad, corn-on-the-cob, a freshly baked roll and garlic butter for dipping. Our full menu is also available. Reservations are recommended.

- Large, seasonal rooftop patio overlooking Sydney Harbour
- Open daily 11am
- Lobster & Ceilidh Series - Fridays, 6-9:30pm during the summer

Free to attend - seafood  
dinner at market price

[www.oldtrianglesydneyneyns.com](http://www.oldtrianglesydneyneyns.com)  
1-902-270-8003





## Music and the Arts

With more fiddlers per capita than anywhere else in the world, Cape Breton Island is a hot spot for Celtic music and boasts renowned artists like Natalie MacMaster, the Rankin Family, Rita MacNeil, and many others. The Island also has a rich theatrical scene, from large-scale musicals to a wealth of fabulous local productions.

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As you travel through our communities, you can meet artisans at work creating one-of-a-kind masterpieces and even try your hand in the process. The Cape Breton Centre for Craft and Design has a must-visit Gallery Shop containing the works of over 70 Cape Breton artisans.



 Savoy Theatre - Glace Bay



Be moved...

Celtic Colours  
International Festival  
Island-wide



35







## Acoustic Roots Festival

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The Acoustic Roots Festival is held on the 500-acre site of Two Rivers Wildlife Park. The Festival features east coast talent representing several genres including folk, country, Celtic, blues and bluegrass. Festival goers get to enjoy full-service camping for trailers and RVs as well as a large tenting area. The Park also has

laundry facilities, showers, food services, walking trails, petting zoo, swimming, wifi services and observatory for visitors. During the Festival, music workshops are presented by some of the performers. To book a campsite phone 1-902-727-2483. Please visit our website for musician information.

- August 30: 6-10pm August 31 and September 1: 11am - 10pm
- Three days
- Shuttle service available

\$12 per day or \$30 for three days (discount for students and seniors)

[www.acousticrootsfestival.com](http://www.acousticrootsfestival.com)  
1-902-727-2483

## Cape Breton Centre for Craft & Design Visit the Craft Capital, Cape Breton Island

40



Craft and art often mirror the heritage, lifestyle and geography of the region where artisans live and work - nowhere is this more evident than on Cape Breton Island. Artful surprises can be found tucked in the nooks and crannies around the Island. Potters on the North Shore,

galleries in the Highlands, rug hookers in Chéticamp and jewellers everywhere in between. You will find fascinating blends of traditional and cutting edge, functional and aesthetic, simple and sophisticated craft.

- Representing over 70 artisans
- Share your craft photos using #ilovecbcraft

Prices vary

[www.capebretoncraft.com](http://www.capebretoncraft.com)  
1-902-270-7491

## Cape Breton Centre for Craft & Design Customs House Artisan Incubator

41



The Customs House Artisan Incubator is a must-see in the Town of Port Hawkesbury, located at 402 Granville Street. The Gallery Shop at Customs House features a stunning display of Cape Breton craft in a wide variety of media including

pottery, leather, textiles, jewellery, wood, visual art, glass and more. You can see artists in residence at work in one of the state-of-the-art studios. Visit Customs House for all things handmade!

- Share your craft photos using #ilovecbcraft

Prices vary

[www.capebretoncraft.com/customs-house](http://www.capebretoncraft.com/customs-house)  
1-902-625-1928

## Celtic Colours International Festival Official Concerts

42



For nine days in October, amid the splendour of the fall colours, Cape Breton Island overflows with music, energy, and excitement as people come from far and wide to celebrate our rich culture. At any of the dozens of concerts, you'll experience some of the world's finest musicians

sharing the stage with the best of Cape Breton's singers, dancers, players, storytellers, and culture bearers. Concerts take place in unique venues ranging from intimate community halls and churches to modern schools and dedicated performance spaces.

- Full concert details available Friday, June 21
- Tickets on sale Tuesday, July 9
- Friday, October 11 - Saturday, October 19

Prices vary

[www.celtic-colours.com](http://www.celtic-colours.com)  
1-888-355-7744





## Glass Artisans Studio & Gallery Glass Blowing Experience

43



The experienced glass blower shows you how to make a piece then guides you to make it.

The next day when the glass comes out of the kiln, you get to keep both the demo piece and your creation.

- 1 Hour
- 10am - 5pm Daily

\$100 per person

[www.glassartisans.ca](http://www.glassartisans.ca)  
1-902-929-2585

## Highland Arts Theatre

44



Highland Arts Theatre, or "The HAT" as it's affectionately called, is downtown Sydney's premiere performance venue for theatre, music, dance, and the performing arts. Formerly the home of historical St. Andrew's Church, the venue officially re-opened in

2014 as a newly renovated, state-of-the-art performance space. In just a few short years, the HAT has become a consistently reliable professional theatrical presence in downtown Sydney, producing quality productions with a special emphasis on Cape Breton songs and stories.

- Theatre, music and dance productions for everyone's taste!
- Don't miss our 2019 Summer Season - featuring some of Cape Breton's best and brightest with a full season of the HAT's Greatest Hits!
- For full schedule and package offers, check out our website below

Prices Vary

[www.highlandartstheatre.com](http://www.highlandartstheatre.com)  
1-902-565-3637

## Makin' Waves Presented by Sydney Credit Union

45



From their home at Wentworth Park's iconic bandshell in the heart of Sydney, Makin' Waves combines a wonderful community atmosphere with the rich musical tradition of the Park. Join residents and visitors on Thursday evenings starting July 4th for five free concerts featuring

world-class musicians from across Canada including Juno award-winners Wintersleep and Joel Plaskett Emergency, East Coast favorites Port Cities, Slowcoaster, and Dave Sampson, and T. Thomason of CTV's The Launch.

- Wentworth Park, Sydney
- July 4, 11, 18, 25, August 1
- Weekly- 6pm

Free

[www.makinwavesfestival.ca](http://www.makinwavesfestival.ca)  
1-902-563-5065

## Theatre Baddeck 2019 Season

46



Theatre Baddeck delights visitors to Baddeck village with high quality, professional theatre that is hilarious, heartwarming, and has a distinct Cape Breton flavour! Our 2019 season includes He'd Be Your Mother's Father's Cousin - a sweet comedy about a quirky Cape Breton

family; The Shoplifters - a hilarious play about the morals of stealing steak from the local Co-op; and Sexy Laundry - a romantic comedy about a couple armed with a copy of Sex for Dummies trying to revitalize their marriage.

- 7 performances per week from July 5-August 18 and September 20-October 5
- Tuesday-Friday 7:30pm; Saturday 3:30pm & 8pm; Sunday 3:30pm. Full performance calendar: [www.theatrebaddeck.com/calendar](http://www.theatrebaddeck.com/calendar)

Tickets \$18 - \$32  
(see website for full price list)

[www.theatrebaddeck.com](http://www.theatrebaddeck.com)  
1-902-412-7122





# Music and the Arts

47

## The Savoy Theatre The Cape Breton Summertime Revue



The Cape Breton Summertime Revue is a popular music and comedy production which features comical, topical, local content, mixed with a light-hearted Cape Breton perspective and top-notch original and traditional music. Many of Cape Breton Island's most

successful musicians and actors have been part of the Cape Breton Summertime Revue – Maynard Morrison, Bette MacDonald, the Rankin Family, Rita MacNeil, and Natalie MacMaster, to name just a few.

### Savoy Theatre Glace Bay

- July 23, 24, 25
- August 6, 7, 8, 14, 15, 28, 29

Savoy Theatre  
Tickets: \$54.50

www.savoytheatre.com  
1-902-842-1577

48

## Town of Port Hawkesbury 25<sup>th</sup> Annual Granville Green Concert Series 2019



This year's series will feature six free outdoor concerts held on Sundays from July 7 to August 11 at the Granville Green band shell in Port Hawkesbury, Nova Scotia. From folk to Celtic, established and emerging artists from across Canada will take to the stage this

summer to present wonderful music for everyone's enjoyment.

On the beautiful Strait of Canso, each concert at the band shell begins at 7pm and concertgoers are encouraged to bring blankets and chairs for comfort.

- Sundays - July 7 - August 11
- 7pm
- 90 minutes

Free

www.granvillegreen.ca  
1-902-625-2591

Wildfire Pottery  
Cabot Trail



41







## History

Travel back to the 1700's at the Fortress of Louisbourg where world powers once fought for control of a continent. French soldiers march through the streets of the town as ladies and gentlemen dance in formal parlours. Cannon fire shakes the ground as harpsichord tunes mingle with baking bread aromas drifting from the stone bakery.

42

Delve into the mind of a genius at the Alexander Graham Bell National Historic Site to see how the inventor helped shape the modern world, from communication to flight to artificial respiration. Explore one of our many other museums and heritage sites.



Miners Museum - Glace Bay



Be part of Canada's story...

Fortress of Louisbourg  
National Historic Site



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### Alexander Graham Bell National Historic Site 100 years of HD-4 Hydrofoil!

49



Celebrate the centennial of the marine speed record set by the HD-4 Hydrofoil! The secrets of what was, in its day, the fastest boat in the world are now revealed. Led by a guide, explore *The Road to the HD-4* during a

multimedia presentation with unique photographs from the Bell's collection. Then get behind-the-scenes with the Bell-Baldwin White Glove Tour to discover artifacts from this wonderful example of transportation history.

- June to September
- 30 minutes per program

\$3.90 per person  
(*Road to the HD-4*)  
\$12.27 per person  
(*White Glove Tour*)

[www.parkscanada.gc.ca/bell](http://www.parkscanada.gc.ca/bell)  
1-902-295-2069

### Alexander Graham Bell National Historic Site White Glove Tour

50



Telephones, airplanes, hydrofoil boats - these are the results of Alexander Graham Bell's experimentation. But what about the process? This behind-the-scenes tour takes you into the otherwise inaccessible storage areas housing artifacts from the Bell collection.

Examine Bell's own photos, mementos, gadgets and gizmos while you learn about the personal and professional influences that shaped his career. This experience is part of Destination Canada's Canadian Signature Experiences collection, which shows the world the best that Canada has to offer!

- Daily, June to October
- 30 minutes

- Limited to six people per tour
- Ages 12 and up

\$12.27  
per participant

[www.parkscanada.gc.ca/bell](http://www.parkscanada.gc.ca/bell)  
1-902-295-2069

### Cape Breton Miners Museum A Day in the Life of a Cape Breton Coal Miner

51



Journey into the depths of Ocean Deeps Colliery, a coal mine located beneath the Museum building. Meet your tour guide, a former coal miner, at the entrance to the mine and dress in a poncho and hard hat to prepare for the authentic experience ahead. He will entertain you with

rich and lively stories of living and mining in Cape Breton. Above ground, tour our interactive exhibits and the Miners Village to learn more about the coal industry and the men and boys who worked tirelessly underground, and the women who kept the coal fires burning!

- As the tour takes you underground, this experience is not suitable for people with mobility issues
- Sturdy footwear and a light jacket or sweater required
- 1.25 hours
- May 26 - October 20: 10am - 6pm

\$16 per person

[www.minersmuseum.com](http://www.minersmuseum.com)  
1-902-849-4522

### Fortress of Louisbourg National Historic Site Cannon Firing | Musket Firing

52



Add an explosive element to your visit—train to be a Cannoneer and light the fuse of a cannon identical to those that defended 18<sup>th</sup>-century Louisbourg. An exclusive training of French colonial artillery techniques.

Or sign up with the Compagnies Franches de la Marine and get a soldier's basic training (*no push-ups required!*). You will fire an exact replica of an 18<sup>th</sup>-century musket.

- Daily, July 1 - September 14, 2019
- 45 minutes (Cannon) • 30 minutes (Musket)
- Must be 16 years of age or older

\$55.20 per person  
(*Cannon*)  
\$36.80 per person  
(*Musket*)

[www.parkscanada.gc.ca/louisbourg](http://www.parkscanada.gc.ca/louisbourg)  
1-902-733-3552

45





## LeNoir Forge Museum Blacksmithing Experience

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Visit one of the oldest stone buildings on Cape Breton Island and learn about the traditional art of blacksmithing. Classes are held Thursdays throughout July and August, as well as a once-a-month weekend class. Participants will produce a forge piece

to take home. Cost includes materials, classes are limited to 4 participants, and pre-registration is required.

Register by calling 1-902-226-9364 or e-mail: [islemadamehistoricalsociety@gmail.com](mailto:islemadamehistoricalsociety@gmail.com)

- Long pants and closed toed shoes required, all other protective clothing is provided.
- 2 hours
- Blacksmithing classes: Thursdays, July & August: 2 - 4pm
- Tea in the Museum: Wednesdays, July 3 - August 21: 2 - 4pm

\$30 - \$65 (Blacksmithing)  
\$5 (Tea)

[www.imhs.ca](http://www.imhs.ca)  
1-902-226-2880

Alexander Graham Bell  
National Historic Site  
Baddeck



47





# Golf

Golf was invented for places like this. Tee off at our Island's many courses, designed to complement the stunning terrain, surrounded by sweeping cliffs and majestic ocean views.

The game of golf is about places — the challenge, beauty and prestige of the course. There are approximately 35 thousand golf courses in the world, but only a selection of these embrace the true spirit of the game. Cape Breton is one of those places with 3 courses in *Golf Digest's* World 100 Greatest Courses.



The Lakes Golf Course - Ben Eoin



Cabot Cliffs Golf Course  
Inverness



Be in a state of awe...







## Dundee Resort and Golf Club

### All-Inclusive Getaway

54



Nova Scotia's best all-inclusive golf getaway! The perfect way to relax, unwind and have fun! Stay 2 nights, enjoy unlimited rounds of

golf and delicious meals (2 breakfasts, 1 lunch, 2 dinners) all on the sparkling shores of Bras d'Or Lake.

- Golf clubs available for rent at the pro shop, and live music on-site 3 nights a week to add to your stay!
- May-October

Starting at \$300 per person  
(based on double occupancy)

[www.dundeeresort.com](http://www.dundeeresort.com)  
1-902-345-2649

## Keltic Lodge

### Par-fect for Two Golf Package

55



Golf was invented for places like Cape Breton. And that's more than evident when talking about the fabled Stanley Thompson's Cape Breton Highlands Links golf course. Having celebrated its 75th Anniversary in 2016, Highlands has been long recognized by publications such as *Golf Digest*,

*GOLF Magazine* and *SCOREGolf* as one of the best tracks in North America. Experience for yourself why it's called Thompson's mountains and oceans masterpiece. To truly enjoy the challenge of the place, Keltic Lodge offers the "par-fect" package for two.

- One night accommodations for 2
- Full breakfast for 2
- One round of golf for 2 with shared cart

Starting at  
\$385 per couple

[www.kelticlodge.ca](http://www.kelticlodge.ca)  
1-800-565-0444

## The Lakes at Ben Eoin Golf Club & Resort

### Golf & Dine on the Lakes

56



The Lakes at Ben Eoin is a world-class course with stunning vista views of the Bras d'Or Lakes, intricately woven around the base

of Ben Eoin Mountain. After your round, indulge in creative, local and irresistible food in our new restaurant.

#### Package includes:

- 18 holes with a shared power cart
- Dinner for two including bottle of wine
- Menu options and wine selection will be available on day of play

\$500 for 2 people

[www.thebirchescountryinn.ca](http://www.thebirchescountryinn.ca)  
1-902-828-2277

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Start your journey today, visit  
**CBIsland.com**

**Cabot Trail Relay** – May 25-26

**The Saltscapes Cape Breton FEASTival** – May 25-26

**Àros na Mara World Oceans Day Festival** – June 6-9

**KitchenFest! Féis a' Chidsin!** – June 28-July 7

**Unama'ki Mawiomi (Pow Wows)** – Eskasoni June 28-30,  
Potlotek July 20-21, Membertou, Wagmatcook, We'koqma'q  
*Various dates to be confirmed (please check our website)*

**Seaside Lobsterfest** – July 2-7

**Makin' Waves Music Festival** – Thursdays, July 4-August 1

**Granville Green – 25th year** – July 7-August 11

**Rotary's Sydney Ribfest** – July 12-14

**CultureFête** – July 19-21

**Cape Breton Summertime Revue** – July 23-25, August 6-8, 14-15, 28-29

**Acoustic Roots Festival** – August 30-September 1

**St. Peter's Pirate Days** – September 12-15

**Hike the Highlands Festival** – September 13-22

**Lumière Arts Festival** – September 26-28

**Cabot Trail Writers Festival** – October 4-6

**Celtic Colours International Festival** – October 11-19

**#VisitCapeBreton**

*Some photographs courtesy of Tourism Nova Scotia*

  
**CAPE BRETON ISLAND**  
*Your Heart Will Never Leave*