

# **Outdoor Adventure**

There's no shortage of beaches around Cape Breton Island. Beaches on the Gulf of St. Lawrence offer water that's warmer than the Atlantic Ocean. Port Hood Beach, Inverness Beach, West Mabou Beach and Chimney Corner Beach are just a few of the popular beaches that can be found on the west side of the Island. On the east side, Black Brook Beach, Dingwall Beach, Dominion Beach, Kennington Cove Beach, and Ingonish Beach are a few that offer a true Atlantic Ocean swim.

■ Cape Breton Highlands National Park
USA Today Readers' Choice Awards voted the Cape Breton Highlands National Park the Best National Park in Canada, and you'll soon see why! Its 26 scenic hiking trails call out to be experienced, ranging from easy to challenging, some to waterfalls and some to spectacular views. Visitors are encouraged to visit the Parks Canada website during COVID-19, plan ahead and be well-prepared for their visit.

#### Hiking

Our Island has a wealth of exceptional and diverse hiking trails, from easy walks to rugged paths, leading to dramatic viewscapes of Cape Breton Island's coastline or amazing waterfalls. For more information on our hiking trails go to www.VisitCapeBreton.com/hiking.

#### Kayaking

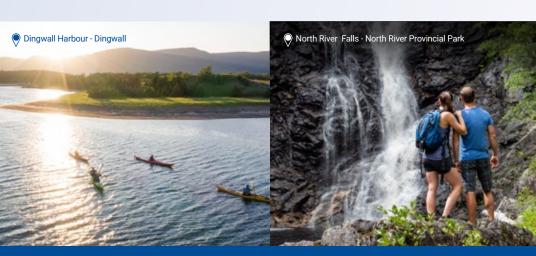
Seeing Cape Breton Island from its calm coastal waters provides a perspective like no other. Glide your way around with a guide or rent kayaks on your own. Some kayak locations include Eagle Eye Outfitters, Eagle North Kayak, North River Kayak, CB West SUP, EcoGael Adventures, McKinnon Kayak Tours, Cabot Shores Wilderness Resort, The Groundswell, Kayak Cape Breton & Cottages, Dundee Resort, and Richmond Adventure Planning.

#### **■** Unique Camping

From Mongolian yurts to geodesic domes, Cape Breton Island is full of unique camping and glamping experiences. Archer's Edge Luxury Camping, Blue Bayou Resort, True North Destinations, Off the Beaton Path, Two Rivers Wildlife Park, Live Life in Tents, Kluskap Ridge, Cabot Shores Wilderness Resort, and Whycocomagh Provincial Park all contribute to this collection of amazing overnight experiences.

#### ■ Water Adventure: Tubing, Surfing, SUP

From tubing with Live Life in Tents or stand up paddle boarding with CB West Paddle Boards, the renowned Margaree River is one sure bet for these fun and relaxing water adventures. For other great stand up paddle boarding experiences, check out The Groundswell and Mountain Pine Adventures. More surfaction can be found at Point Michaud Beach. Experience its two kilometres of sandy beach and secluded coves, perfect for surfing.



# **Living Cultures**

For ten thousand years, the Mi'kmaw people have called this beautiful land, Unama'ki in their language, home. The Mi'kmaq enrich the Island with their legends, art, music, spirituality, history, and language. The culture is thriving on Cape Breton Island with five First Nations communities. You can immerse yourself in this rich culture with Eskasoni Cultural Journeys, Membertou Heritage Park, Wagmatcook Cultural Centre, Canal Landing, the Skye River Trail in We'koqma'q.

#### Acadian

Since 1713, the Acadian spirit and joie de vivre has thrived among Nova Scotia's Acadian French population. Today's Acadians are decendents from the first European settlers. On Cape Breton Island, the Chéticamp and Isle Madame/Louisdale regions are hubs of this vibrant culture. Mask making at La Centre de la Mi-Carême, rug hooking at Les Trois Pignons, cultural experiences at Centre la Picasse, music and dance performances in various venues are just some of the ways you can celebrate the rich and storied history of Cape Breton's Acadian culture. Be sure to look for traditional Acadian dishes such as fish cakes or meat pies at eateries in those regions.

In the 1800s, Gaelic speaking descendants, mainly from the highlands and islands of Scotland with a smaller number from Ireland, came by the tens of thousands and made Cape Breton Island their home. To this very day, Gaelic is spoken at the Gaelic College / Colaisde na Gàidhlig, the Highland Village / Baile nan Gàidheal and in a number of communities. To participate in the culture, visit the aforementioned sites, join in a square dance, sing along at a milling frolic, learn the art of weaving, or research your Gaelic roots.



## **Coastal Adventure**



#### Adventures by Bike or Flight

The Celtic Shores Coastal Trail is a great trail for a leisurely cycle with the Gulf of St. Lawrence on one side and beautiful landscapes on the other. For something a bit faster, the Cabot Trail has long been recognized as one of the world's greatest scenic drives. By motorcycle, it's simply glorious. If a bird's eye view is more your style, see the Island's beauty from a perspective only enjoyed by few, a helicopter ride with Celtic Air Services or Breton Air.

#### **■** Bird Watching Tours

Experience our majestic Island coastline as you join knowledgeable and passionate tour guides for an adventure of a lifetime! Puffin tours launch at Bird Island Boat Tours in Big Bras d'Or or Donelda's Puffin Boat Tours in Englishtown.

#### Fishing

The beauty of our renowned Margaree River is the perfect backdrop as you tie a fly and try your hand at salmon fishing. Do this on your own or with a guide like A Great Day Fishing or Atlantic Salmon Fly Fishing Guide. Fishing for tuna, mackerel, lobster, or cod in the clean cold waters around Cape Breton Island is the ultimate sport fishing experience. Charters are available around the Island such as Gillis Lobster Tours, Rankin Tuna Charters, It's Now or Never Tuna Charters, Cape Breton Lobster Adventure Tours, Cod Fish Cowboys Fishing Charters, Dawn Treader Tuna Charters, Eagle Eye Outfitters, and many more.

#### Sailing Adventures

Hop on board the Amoeba and sail around Baddeck Bay on the beautiful Bras d'Or Lake. See bald eagles swooning for their daily catch, pass their majestic nests and see Beinn Breagh, home of Alexander and Mabel Bell. If chartering is more your style, grab the wheel and set sail with Richmond Adventure Sailing Tours, Sailing CBI, Cape Breton Sailing Charters, Sail Cape Breton and with many other operators to experience the wonder of the Bras d'Or Lake.

History

Your ocean encounters will leave you wanting more! Spend a day with one of our experienced captains whale watching, sharing stories, and admiring the seacoast. Tours are offered by Keltic Express Zodiac, Ingonish Whale Watching, Dixon's Zodiac Seafari, Pleasant Bay Whale Watching, Captain Mark's Whale & Seal Cruise, Captain Zodiac, Captain Cox's Whale and Bird Watch, Oshan Whale Watch, Eagle Eye Outfitters, Guaranteed Whales, and Seaside Whale & Nature Cruises.

# Music and the Arts

The St. Ann's Bay region represents an inspiring hub of artisans with studios you can visit. There are many other artisan studios around the Island. Pick up a copy of the Artisan Trail Map for a complete list.

### ■ Cape Breton Centre for Craft and Design

This light-filled Gallery Shop in downtown Sydney showcases the work of over 100 Island artisans. Works of jewellery, visual art, wood, glass, textiles and pottery are available for purchase. The modern exhibition space presents the latest work of local artisans and regional, national and international exhibitors. Check out the Customs House Artisan Incubator as it is a must see in the Town of Port Hawkesbury displaying a wide variety of media. You can also see artists in residence at work in one of the state-of-the-art studios.

#### ■ Celtic Music and Pubs

For a healthy dose of live Celtic music, check out the Doryman Pub & Grill, Glenora Distillery, The Cabot Public House, Governors Pub & Eatery, The Old Triangle Alehouse, Frolic'n Folk Pub & Grill, and the Highland Sitting Room, to name a few.

#### **■** Celtic Colours International Festival

Celtic Colours is an experience like no other. This year the festival will be working hard to bring you Celtic Colours International Festival At Home. This October, the Celtic Colours experience will be featured online, to be enjoyed from the comfort and safety of your own home. The festival will feature performances as well as some local flavour to keep you connected with Cape Breton Island and the Celtic Colours community.

#### **■** Celtic Music Interpretive Centre

Nova Scotia's official Celtic music centre presents an in-depth look into the history, culture, and music of the Island. Enjoy the popular lunchtime ceilidhs and the new Ocean Ceilidh and Seafood Experience that pairs lobster and a whisky tasting with a fishing boat cruise!

## ■ The Big Fiddle and Sydney Harbour Boardwalk

Take a selfie with the World's Largest Fiddle before sauntering along our community boardwalk that stretches along the Sydney waterfront.



# Golf

## ■ Alexander Graham Bell National Historic Site

Discover the fascinating life and work of Alexander Graham Bell – scientist, inventor, teacher, and innovator. See the Silver Dart airplane replica, take the White Glove Tour for a behind-the-scenes glimpse into the life of Bell.

#### Cape Breton Fossil Centre

View an impressive collection of fossils from around the globe and hit the beach to comb for your very own while on a guided fossil excursion.

## ■ Cape Breton Miners Museum

Journey underground at the Ocean Deeps Colliery with an entertaining, retired coal miner as your guide. Interactive exhibits and a village of period buildings and animators further tell the story of Cape Breton coal mining life.

#### ■ Fortress of Louisbourg National Historic Site

Step through time to the 1700s as you explore the streets of North America's largest historical reconstruction. Take in one of the site's diverse experiences including firing a musket or cannon, rum tasting, 18th-century camping, or visit their Mi'kmaw Interpretive Centre.

## **■** Marconi National Historic Site

In a world of nanosecond speeds and cloud technology, it's hard to remember a time when wireless messages couldn't cross the Atlantic. Guglielmo Marconi would change the world forever with the first official transatlantic exchange of radio messages at Glace Bay. Find out how Marconi triumphed at his first permanent transatlantic wireless station at Table Head, and how his work would usher in the age of alohal communications

#### ■ St. Peter's Canal

This striking 800-metre tidal lock canal, the oldest in North America, links the Atlantic Ocean with the Bras d'Or Lake and offers scenic views, history, and a picturesque picnic area. Check out Canal Landing which offers experiences that are culturally orientated, recreational equipment rentals and a place to purchase authentic quality crafts.

## ■ Sydney's Historic District

Discover life as a pioneer from the 17th century as you meander through Sydney's historic North End. Stop into Cossit House and Jost House museums for the news of the day as delivered in the 1700s. The Old Sydney Society offers haunted ghost tours of these very streets at night. If you survive, visit the Old Sydney Society's virtual reality tour taking you through the former Sydney Steel Plant. Don't miss St. Patrick's Museum's audio plays based on historical fiction.

## ■ Golf Was Invented for Places Like This

There are approximately 35 thousand golf courses in the world, only a select few embrace the true spirit of the game—Cape Breton Island is one of those places. Its courses secure top-ranking accolades such as Golf Digest's World 100 Greatest Courses - 2020™ (Cabot Cliffs #11, Cabot Links #35, and Cape Breton Highlands Links #76)

Dundee Golf Club, Bell Bay Golf Club and The Lakes Golf Club, situated along the shores of the Bras d'Or Lake, offer distinctive and challenging courses, and their views are spectacular. With the Gulf of St. Lawrence on one side and Chéticamp's mountain range on the other, the scenic surroundings will help you find the greatness in your game at Le Portage Golf Club. Visit our website for a full list of Cape Breton Island's golf courses.

# **Important Message for 2020**

The global tourism industry is based on interactions with other people and this is especially so on Cape Breton Island where a spirit of hospitality is in our DNA. We love to welcome visitors, but public safety is paramount at

Visitors are encouraged to plan ahead by visiting each operator's website or social media pages for updates on their operation and protocols.

# **2020 TRAVEL MAP** Meat Cove Campground - Meat Cove Take a picture. Leave your heart. **#VisitCapeBreton** Discover more Follow us: experiences at:

Your Heart Will Never Leave

**GNAJ2** 

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